

HIV EFFORTS ARE FAILING WOMEN AND GIRLS

By Dr Peter Piot and Emma Thompson

Mrs Akinyi's husband died of AIDS in 1990. She believes her husband infected her with HIV - he had a history of extra-marital affairs. When he died, her in-laws denied her property inheritance: in her words, "Immediately after the burial I was chased away from home with my children."

Mrs Nyakumabor's husband died of AIDS in 1998 and left her HIV-positive with five children. Her in-laws grabbed household items and took over the house and land she had helped pay for. Soon after her husband's death, Mrs Nyakumabor's father-in-law called a family meeting, told her to choose an inheritor, and ordered her to be cleansed by having sex with a fisherman. Mrs Nyakumabor refused, causing an uproar. She now struggles to meet her family's needs, and her slum landlord has threatened to evict her because she cannot always pay rent on time.

These women's stories (their names have been changed) are two of the hundreds collected by Human Rights Watch and other organizations documenting the stripping of property rights in the wake of AIDS among some of the most vulnerable people on earth.

The global fight against AIDS has been endorsed by all the UN member states, and declared a high priority at countless summits. Resources are being mobilized – still short of what is needed, but a lot more than was available only a few years ago. At last, programmes to extend life-saving HIV treatment to the developing world are being mounted with the seriousness and urgency they require. And HIV prevention, which currently reaches fewer than one in five of those who need it, is also on the agenda.

But for as long as women and girls are unable to enjoy education, property rights, freedom from violence and economic security, progress on the AIDS front will pass them by. Women make up about half the global HIV epidemic, and where the epidemic is longer-standing, in Africa, they are well over half.

The 'ABC' slogan – 'abstain, be faithful, use a condom' is the mainstay of many HIV prevention programmes. But for too many women and girls, this message has no purchase. Where sexual violence is widespread, abstention or insisting on condom use is not a realistic option.

Across the world, between one fifth and a half of all girls and young women report that their first sexual encounter was forced. Only 11% of women in Zambia believed they had the right to ask a husband to use a condom.

Nor does marriage provide the answer. The reality across the developing world is that the majority of women will be married by age 20, and have higher rates of HIV than their unmarried, sexually active peers.

At the same time, women bear a disproportionate share of the burden of AIDS care. In poor households, the presence of an AIDS patient can absorb a third of all household labour, most of it by women.

The knock-on effects of the plunge in household income caused by AIDS is often to pull children out of school – and girls are the first to go. Across Africa, formal school participation is declining.

The answers to reducing women's vulnerability to AIDS clearly lie deeper than the use of slogans. To address AIDS effectively, we first have to understand how women are being treated and why. A comprehensive strategy is needed to boost girls' access to education – particularly secondary education, strengthen legal protection for women's property and inheritance rights, eradicate violence against women and girls, and ensure they have fair access to HIV care and prevention services.

Tackling these inequalities is not just a matter for women – men must be fully involved. For starters, they need to declare zero tolerance for violence against women, be committed to their daughters' education and help alleviate the burden of care.

Moves are under way – for example the global push to achieve education for all, or the campaign by the World Health Organization and UNAIDS to ensure that three million people in the developing world have access to HIV treatment by 2005 – and that half are women. But more is needed, and more urgently.

The escalating global struggle against AIDS cannot afford to neglect women, and special efforts will be needed to ensure it is not allowed to. To that end, UNAIDS has pulled together a high profile group of men and women -- the Global Coalition on Women and AIDS -- which gathers activists, government representatives, celebrities, and community workers who are committed to improving the lives of women and girls.

The call to empower women is not new, but AIDS makes it more urgent. Millions of women around the world were already facing a lifetime of hard labour. AIDS has turned it into a death sentence.

The skills, knowledge and resources to relieve women of the devastating burden of AIDS already exist. What is needed now is the political will to see that they are applied.

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