

**AGENDA THEMATIC SEGMENT:
MENTAL HEALTH AND HIV/AIDS –
PROMOTING HUMAN RIGHTS,
AN INTEGRATED AND
PERSON-CENTRED APPROACH
TO IMPROVING ART ADHERENCE,
WELL-BEING AND QUALITY OF LIFE**

MENTAL HEALTH AND HIV/AIDS – PROMOTING HUMAN RIGHTS, AN INTEGRATED AND PERSON-CENTRED APPROACH TO IMPROVING ARV ADHERENCE, WELL-BEING AND QUALITY OF LIFE

UNAIDS/PCB (43)/18.31

Issue date: 12 December 2018

FORTY THIRD MEETING

DATE: 13 December 2018

VENUE: Executive Board Room, WHO, Geneva

TIME: 09:00 - 13:00 | 14:00 - 16:30

Draft Agenda

Key questions and objectives of the meeting:

1. Review evidence on the interlinkages between mental health and HIV, including in relation to treatment adherence, wellbeing and quality of life of people living with HIV.
2. Discuss the various approaches for addressing mental health and HIV from a human rights perspective, including through greater community engagement and holistic people-centred healthcare approaches.
3. Identify strategies to promote human rights in the context of mental health and HIV, including through education and training of all stakeholder groups, and to eliminate discrimination, stigma, violence, coercion and abuse.
4. Identify strategies to increase cooperation and collaboration between different actors, and jointly address challenges in integrating mental health into HIV prevention, treatment and care programmes.
5. Suggest recommendations and propose a way forward.

Moderator:

Dr. Laurel Sprague, Special Adviser, Community Mobilization, UNAIDS Secretariat

09:00 - 9:30 **Opening: High time for focusing on mental health, a crucial component of ending AIDS**

- **Welcome: PCB Chair**
- **Keynote Speakers**
 - *Mr. Michel Sidibe*, UNAIDS Executive Director
 - *Ms. Doris Peltier*, Canadian Aboriginal AIDS Network, Canada

9:30 - 9:45 Mental health and HIV: Understanding and addressing the intersections

This session will present the latest evidence on mental health, substance use, quality of life, wellbeing and HIV as well as evidence on effective approaches in addressing the intersections of these across the life course, including through integrating mental health and substance use programmes across the continuum of HIV prevention, treatment and care, and integrating HIV into the respective programmes.

- *Dr. Tedros Adhanom Ghebreyesus, Director-General, WHO – video statement*
- *Dr. Mark van Ommeren, Director a.i., Mental Health and Substance Abuse, WHO*

9:45 - 10:15 Remarks from the floor

10:15 - 11:00 Why addressing mental health is crucial to HIV prevention, treatment and care?

In this session the panelists will share challenges and examples of good practices related to maintaining mental health and wellbeing across the life course and interlinkages to HIV prevention, testing uptake, treatment adherence, wellbeing and quality of life.

- *Dr. Etheldra Nakimuli-Mpungu, Psychiatrist, Makerere University, Uganda*
- *Dr. Sílvia Ouakinin, Psychiatrist, National Health Service, Portugal*
- *Mr. Marco Castro-Bojorquez, Film-maker, Mexico and the United States of America*

11:00 - 11:15 Coffee break

11:15 - 11:45 Remarks from the floor

11:45 - 12:30 Promoting rights and engaging communities to eliminate stigma and discrimination and improve quality of life

In this session the panelists will discuss approaches for addressing mental health and HIV from a human rights perspective, including through greater community engagement and holistic people-centred service provision approaches. The session will also reflect on the underlying social, economic, environmental and personal determinants of mental health and HIV, and identify strategies to promote human rights in the context of mental health and HIV.

- *Dr. Michelle Funk, Coordinator mental health policy and service development, Mental Health and Substance Use Department, WHO*
- *Ms. Nyasha Sithole, Programmes Director, My Age Zimbabwe Trust, Zimbabwe*
- *Dr. Taweessap Siraprasiri, Senior Adviser, Department of Disease Control, Ministry of Public Health, Thailand*
- *Ms. Jules Kim, Chief Executive Officer, Scarlet Alliance, Australian Sex Workers Association, Australia*

12:30 - 13:00 Remarks from the floor

13:00 - 14:00 Lunch break

14:00 - 14:50 Interactive discussion: Taking care of the mental health and wellbeing of activists and service providers

This discussion will focus on challenges faced by activists and service providers in protecting and maintaining their own mental health for responding to the needs of affected populations and communities. The session will allow for an inter-generational dialogue between activists and sharing experiences of addressing various challenges and successful practices.

- *Mr. Daniil Stolbunov, Teenergizer, Ukraine*
- *Mr. Iregi Mwenja, PDO Kenya, Global Mental Health Peer Network, Kenya*
- *Ms. Cecilia Chung, Founder, SF Trans March and Positively Trans, the United States of America*

14:50 - 15:20 Remarks from the floor

15:20 - 15:55 Substance use and HIV: What has been overlooked?

In this session, the panelists will reflect on the issues surrounding drug use, harmful use of alcohol and HIV, including frequently neglected aspects of interlinks between alcohol use and HIV, and drug use and HIV.

- *Dr. Marcelo Ribeiro, psychiatrist, Director of CRATOD, Brazil*
- *Mr. David Subeliani, Eurasian Network of People Using Drugs, NGO White Noise Movement, Georgia.*

15:55 - 16:20 Remarks from the floor

16:20 – 16:25 What have we learned today? Where do we go from here?

- *Mr. Tim Martineau, Deputy Executive Director, Programme, a.i.*

16:30 Closure